

Hearts and Flowers

32 Count 4 Walls Beginner

Choreographed by: Adrian Churm (UK)

Choreographed to: Hearts and Flowers by Dave Sheriff



Heel Digs, Coaster Step, Heel Digs, Coaster Step.

- 1 - 2 Touch Right Heel Forward Twice.
- 3 & 4 Step Back Right. Step Left Beside Right. Step Right Forward.
- 5 - 6 Touch Left Heel Forward Twice.
- 7 & 8 Step Back Left. Step Right Beside Left. Step Forward Left.

Right Shuffle, Left Shuffle, Cross Rock & Shuffle 1/2 Turn Right.

- 9 & 10 Step Forward Right. Close Left Beside Right. Step Forward Right.
- 11 & 12 Step Forward Left. Close Right Beside Left. Step Forward Left.
- 13 - 14 Cross Rock Right Over Left. Rock Back Onto Left.
- Note: Steps 15 - 18 Travel Towards Back Wall.
- 15 & 16 Shuffle Step 1/2 Turn Right, Stepping - Right, Left, Right.

Left Shuffle 1/2 Turn Right, Coaster Step, Charleston Steps.

- 17 & 18 Shuffle 1/2 Turn Right, Stepping - Left, Right, Left.
- 19 & 20 Step Back On Right. Step Left Beside Right. Step Forward Right.
- 21 - 22 Step Forward Left. Touch Right Toe Forward.
- 23 - 24 Step Right Toe Back. Touch Left Toe Back.

Charleston Steps, Heel Toe Touches, 1/4 Turn Left.

- 25 - 26 Step Forward Left. Touch Right Toe Forward.
- 27 - 28 Step Right Toe Back. Touch Left Toe Back.
- 29 - 30 Touch Left Heel Forward. Touch Left Toe Back.
- 31 - 32 Step Left 1/4 Turn Left. Touch Right Beside Left.